

Primary School Menu 2020 - 2021



WEEK ONE

MEAT-FREE
MONDAY

Veggie Sausage ✓

Meat Free Pasty ✓

Creamed Potatoes • Broccoli & Carrots
Homemade Chocolate Brownie



TUESDAY

Traditional Roast Dinner

Quorn Fillet in Gravy ✓

Boiled & Roasted Potatoes
Cauliflower & Green Beans

Iced Lemon Sponge and Custard



WEDNESDAY

Cheese & Tomato or Pepperoni Pizza
with **Wedges**

Tortellini Pasta in a Tomato Sauce ✓

Mixed Salad or Sweetcorn
Fruity Cheesecake



THURSDAY

BBQ Pulled Pork in a
Mini Yorkshire Pudding

Quorn Casserole in a
Mini Yorkshire Pudding ✓

Baby Potatoes • Carrots & Sweetcorn
Pineapple Upside Down Cake & Custard



FRIDAY

Traditional Fish & Chips

Homemade Cheesy Leek Slice
& **Chips** ✓

Baked Beans or Peas
Bread & Butter

Mini Donuts with a Fruity Dipping Sauce



WEEK TWO

MEAT-FREE
MONDAY

Margherita Pizza ✓

Cheese & Red Onion Quiche ✓

Jacket Wedges
Mixed Salad or Sweetcorn
Iced Chocolate Sponge



TUESDAY

Minced Beef Pie or Chicken & Leek Pie
with **Creamed Potatoes**

Quorn Katsu Curry ✓
with **Brown Rice**

Broccoli & Carrots
Ice-cream Tubs & Fruit Slices



WEDNESDAY

All Day Breakfast Brunch

Vegetarian
Breakfast Brunch ✓

Jelly & Fruit Salad



THURSDAY

Traditional Roast Dinner

Quorn Fillet in Gravy ✓

Boiled & Roasted Potatoes
Broccoli/Cauliflower & Carrots
Flapjack with Custard



FRIDAY

Fish Fingers* or Fishless Fingers ✓
with Parsley Sauce and Creamed
Potatoes

BBQ Quorn Buns ✓

Potato Wedges • Baked Beans or Peas
Vanilla & Choc Cookie & Milkshake



MEAT-FREE
MONDAY

WEEK THREE

Margherita Pizza ✓
with **Potato Wedges**

Freshly Made Macaroni Cheese or
Tortellini Pasta in Tomato Sauce ✓

Mixed Salad or Sweetcorn
Freshly Made Shortbread with Custard



TUESDAY

Chicken Tikka Masala

Veg & Chickpea Masala ✓

Brown & White Rice
Mixed Salad or Green Beans
Jelly & Fruit Salad



WEDNESDAY

Toad in the Hole with Mini Sausages
or **Veg Sausage** ✓

Veg Sausage Roll ✓

Creamed Potatoes
Green Beans & Carrots
Iced Sponge & Custard



THURSDAY

Homemade Lasagne

Veggie Meatballs in a Tomato Sauce ✓
with **Wholemeal Spaghetti**

Mixed Salad or Green Beans
Ice-cream Tubs & Fruit Slices



FRIDAY

Traditional Fish & Chips
Quorn Dippers & Chips ✓

Garden Peas or Baked Beans
Bread & Butter
Chocolate Muffins



Available daily:

Jacket Potatoes, Sandwiches,
Wraps & Baps with various fillings

Freshly Made Bread, Salad Bar,
Fresh Fruit or Fruit Salad

Milk, Yoghurt,
Cheese & Crackers

*salmon & cod provided

MENU PRICING



All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals*.

To apply, contact your child's school or the Local Authority on **01902 554128** or email freeschoolmeals@wolverhampton.gov.uk for more information. Your child's school will let you know if and how much you will need to pay for school meals. Alternatively, please contact Jo Smith, Service Development Team Leader, on **01902 554283** or by email jo.smith@wolverhampton.gov.uk

*eligibility criteria apply, visit wolverhampton.gov.uk/freeschoolmeals for more information

LUNCHTIME THEME DATES

Theme days are a firm favourite with the children especially Christmas lunch where staff and pupils join together to enjoy some traditional Christmas fare.

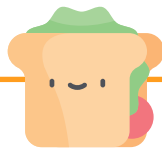
Schools may choose their own theme days throughout the year as well as the favourites below

Bonfire Night – 5th November 2020

Christmas Lunch – December 2020

St George's Day – 23rd April 2021

Please check with your child's school for further details.



FOOD WELFARE

Catering Services Primary Menu has been given the Bronze Food for Life Award for the last 6 years All meat products used on our menu are British Red Tractor or Farm Assured certified. We only use free range eggs. All fish on our menu is from sustainable stock.



FOOD ALLERGIES

Some of our menu items contain allergens, including: Cereals containing Gluten, Milk, Eggs, Fish, Shellfish, Soya, Celery, Mustard, Sulphites, Sesame and Lupin. Peanuts and Nuts are also classed as allergens, but these are not used on our menu. Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the dieticians at New Cross Hospital. This menu is provided to schools across Wolverhampton, however, some schools may request changes or provide an additional choice. For more information on allergies or special diets please visit:

wolverhampton.gov.uk/catering or contact Catering Services on **01902 555223** or cateringcleaning@wolverhampton.gov.uk

CITY OF
WOLVERHAMPTON
COUNCIL



WELCOME TO YOUR

Primary School Menu

Provided by Catering Services
City of Wolverhampton Council



2020 LUNCHTIME TERM DATES

WEEK ONE	WEEK TWO	WEEK THREE
1st Sept	7th Sept	14th Sept
21st Sept	28th Sept	5th Oct
12th Oct	19th Oct	2nd Nov
9th Nov	16th Nov	23rd Nov
30th Nov	7th Dec	14th Dec

2021 LUNCHTIME TERM DATES

WEEK ONE	WEEK TWO	WEEK THREE
4th Jan	11th Jan	18th Jan
25th Jan	1st Feb	8th Feb
15th Feb	1st Mar	8th Mar
15th Mar	22nd Mar	29th Mar
19th Apr	26th Apr	3rd May
10th May	17th May	24th May
7th June	14th June	21st June
28th June	5th July	12th July
19th July		